

## Get Into Golf

Price: \$85



If you are interested in finding out if golf is for you *OR*, if you need to improve the basic skills and knowledge necessary to play the game and don't want to spend a lot of money, Golf Boost for Women can help!

To help you gain access to this wonderful game, Golf Boost Programs have been specifically designed to break down all the basic golf skills, etiquette and some rules. And communicate them to you in colorful and impressionable ways so they make sense and are easier to apply.



**LPGA Instructor  
Lori Brock**

**Lori Brock has been recognized by Golf For Women Magazine as a Top 50 National Instructor for Women. She is a former LPGA Tour Player and gains great satisfaction instructing golfers of all levels and abilities. Lori knows firsthand, the impact that Golf can have in creating opportunities both personally and professionally and would like to help you experience these through her Golf Boost Programs.**

### Step 1 \$85

*Includes 2-90 minute sessions*

*Range Balls*

*Loaner Clubs (if needed)*

*8 to 1 Student to Teacher Ratio*

*All Classes Led by Lori Brock, LPGA Teaching Professional*

#### Step 1: Curriculum

**Session 1:** Posture, Grip, Stance, Aiming, Getting the Ball in the AIR using an iron with a half swing. Short Putts and Etiquette/the Rules surrounding the putting green.

**Session 2:** Full Swing with an Iron, Understanding how to control direction. Chipping basics and Etiquette.

### Step 1 UPCOMING CLASS DATES

*Saturdays*

March 10, 17 Sat 11 am - 12:30

April 7, 14 Sat 11 am - 12:30

May 5, 12 Sat 11am - 12:30

*Call Lori for registration or questions*

**619-931-8737**

After completing *Step 1* in the "Get Into Golf" series, you can continue to learn all the various skills and etiquette of playing the game by following Golf Boost's 4 Steps to Learning Golf. What are you waiting for?

### Step 2: Curriculum \$85

**Session 1:** Full Swing Instruction with the Driver. Pitching basics. Etiquette surrounding the tee box and Speed of Play Tips.

**Session 2:** Full Swing Instruction with the Driver.

Understanding how a pre-shot routine can help you play your best. Rules used off the tee box.

Pitching instruction and club selection for different situations around the green.

### Step 3: Curriculum \$85

**Session 1:** Improving swing technique, contact and distance with irons. Long Putting techniques, controlling distance, reading break/slope on the green.

**Session 2:** Full Swing Instruction using a hybrid from the fairway. Understanding what club to select for every shot. Sand Play, sand rules and etiquette.

### Step 4: Curriculum \$85

**Session 1:** Full Swing Refinement. Practice how you will Play on the Course. How to adjust set up when encountering uneven lies. Rules and Etiquette.

**Session 2:** Full Swing Refinement. Pitching and Putting exercises that help you adapt to pace of play and order of play.

*Call Lori for registration or questions*

**619-931-8737.**

### Upcoming Class Dates for Entire Series

Step 1 March 10, 17 Sat. 11 am - 12:30

Step 2 March 24, 31 Sat. 11 am - 12:30

Step 3 April 15, 22 Sun 1 pm - 2:30

Step 4 April 29, May 6 Sun 1pm - 2:30

Step 1 April 7, 14 Sat 11 am - 12:30

Step 2 April 21, 28 Sat 11 am - 12:30

Step 3 May 5, 12 Sat 1pm - 2:30

Step 4 May 19, 26 Sat 1pm - 2:30

Step 1 May 5, 12 Sat 11am - 12:30

Step 2 May 19, 26 Sat 11 am - 12:30

Step 3 June 3, 10 Sun 2:30 pm - 4pm

Step 4 June 24, July 1 Sun 2:30 - 4pm



