



Week 1

Back swing Drill / 2 Piece Back swing

Objective for Straighter Shots

- Improve the technique of both the path and the plane of the back swing
- Better contact
- Greater Consistency

Club: Mid iron off the Tee (7 Iron)

Getting set:

- 1) Place a club on the ground along the toe line.
- 2) Take back swing and stop the swing when the shaft of the club is parallel to the ground.
- 3) Look to see if the club shaft is positioned over the toe line with the toe of the club pointed straight up towards the sky.
- 4) Adjust the club shaft and clubface position as needed to be over the toe line with the toe of the club pointed up towards the sky.
- 5) Look back at the ball and hinge wrists upward while completing the back swing.
- 6) Swing downward and hit the ball.

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