



Week 3

Removing The Over the Top Slice

Objective for

- Improves Plane and Path of the Downswing
- Eliminates the over the top slice

Club: Mid iron off the Tee (7 Iron)
Pool Noodle
Bicycle Pole

Getting set:

- 1) Place the bicycle pole in the ground at a 45-degree angle aiming at your target.
- 2) Thread the noodle on the pole.
- 3) Place your club head directly underneath the noodle.
- 4) Practice making swings that keep the club from hitting the noodle when approaching the ball on the downswing.
- 5) Hit balls on a low tee placing the ball directly underneath the noodle.
- 6) Practice rehearsing a downswing underneath the noodle for proper swing path muscle memory.

Lori Brock
Director of Instruction
Gettysvue Country Club
www.loribrock.com
865-368-5668